## Early Years PE Knowledge organiser – Ball skills unit 1



Learning Together, Learning for Life

## Nursery Knowledge What will I know and do by the end of the unit?

Beginning to negotiate space safely.

Beginning to explore a range of ball skills.

Beginning to take turns with others.

Make guided choices.

Keep trying with support when trying new challenges.

Play ball games with the rules with support.

## Reception Knowledge What will I know and do by the end of the unit?

Use space safely with consideration for myself and others.

Use ball skills with developing competence and accuracy.

Play co-operatively and take turns with others.

Make independent choices.

Persevere when trying new challenges.

Play ball games with consideration of the rules.

What I will do:	
Physical	<ul> <li>Rolling a ball</li> </ul>
Skills	<ul> <li>Kicking a ball</li> </ul>
	Bouncing a ball
	<ul> <li>Throwing at a target</li> </ul>
	<ul> <li>Dribbling a ball with my feet</li> </ul>
	Tracking a ball
Social skills	<ul> <li>Taking turns</li> </ul>
	Co-operating
Emotional	Determination
skills	
Thinking	Using tactics
skills	<ul> <li>Making decisions</li> </ul>











