

Learning Together, Learning for Life

Physical

Nursery Knowledge What will I know and do by the end of the unit?	Reception Knowledge What will I know and do by the end of the unit?
Begin to use space safely. Use a range of large and small apparatus with an awareness of safety. Match skills to tasks and apparatus. Explore movement skills. Follow instructions with support. Begin to take turns. Try new challenges.	 Negotiate space safely with consideration for myself and others. Confidently and safely use a range of large and small apparatus. Combine movements, choosing actions in response to the task and apparatus. Use movement skills with developing strength, balance and co-ordination showing increasing control and grace. Follow instructions involving several ideas or actions. Work co-operatively with others and take turns.
What I will do:	Confident to try new challenges.

Vocabulary I will know:				
forwards		rock		
travel	1232	backwards		
	over	sideways		
over		shape		

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Skills	Balances
	• Jumps
	Rocking
	Rolling
Social skills	 Taking turns
	Co-operating
	Communication
Emotional	Determination
skills	
Thinking	Choosing and using skills
skills	 Creating sequences

• Shapes