Pupil Choice Autumn 2021 & Spring Term 2022

	WEEK 1				
	w/c 1st Nov, 22nd Nov, 13th Dec, 5th Jan, 24th Jan, 21st Feb, 14th Mar				
	MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
Option 1	Pork sausages with gravy and diced potatoes	Lamb slice with creamed potatoes	Roast beef with Yorkshire pudding and roast potatoes or wholemeal pasta	Italian pasta bake with mixed salad	Battered fish fillet with potato wedges or wholemeal pasta
Option 2	Jacket potato with cheese and baked beans	Jacket potato with baked beans	Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with baked beans
	WEEK 2				
	w/c 8th Nov, 29th Nov, 20th Dec, 10th Jan, 31st Jan, 28th Feb, 21st Mar				
	MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
Option 1	Beefburger in a bun with potato wedges or brown and white rice	Creamy chicken pasta with garlic bread and diced potatoes	Roast chicken with stuffing and roast potatoes or pasta	Organic beef lasagne with herby bread and potato wedges	Fish fillet fingers with low fat chips or wholemeal pasta
Option 2	Jacket potato with cheese and baked beans	Jacket potato with baked beans	Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with baked beans
	WEEK 3				
	w/c 15th Nov, 6th Dec, 17th Jan, 7th Feb, 7th Mar, 28th Mar				
	MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
Option 1	Chicken and sweetcorn meatballs with tomato sauce and tri-colour pasta	Organic beef bolognaise with diced potatoes or wholemeal pasta	Roast pork loin with stuffing and roast potatoes or pasta	Chicken pie with creamed potatoes or brown and white rice	Cheese and tomato pizza with low fat chips or wholemeal pasta
Option 2	Jacket potato with cheese and baked beans	Jacket potato with baked beans	Jacket potato with tuna mayo	Jacket potato with cheese	Jacket potato with baked beans

All meals are served with seasonable vegetables or fresh salad