

Pupil Choice Summer/Autumn Term 2022

WEEK 1					
w/c 19th Apr, 9th May, 6th June, 27th June, 18th July, 1st Sept, 19th Sept, 10th Oct					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Macaroni Cheese with tomato bread (v)	Chicken pie with roasted new potatoes	Roast pork loin with stuffing	Beef burger in a bun with diced potatoes	Battered fish fillet with low fat chips or wholemeal pasta
Option 2	Cheese Sandwich	Chicken mayo wrap	Tuna baguette	Ham roll	Egg roll
WEEK 2					
w/c 25th Apr, 16th May, 13th June, 4th July, 5th Sept, 26th Sept, 17th Oct					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Pork sausages with gravy and creamed potatoes	Organic beef bolognese with pasta	Roast chicken with stuffing and roast potatoes or pasta	Quorn pattie in a bun (v)	Cheese and tomato pizza (v)
Option 2	Tuna baguette	Chicken mayo wrap	Ham roll	Cheese sandwich	Egg roll
WEEK 3					
w/c 3rd May, 23rd May, 20th June, 11th July, 12th Sept, 3rd Oct					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Chicken grill with potato wedges	Quorn hot dog (v) with diced potatoes	Gammon roast with roast potatoes or wholemeal pasta	Organic beefy pasta bake with mixed salad	Salmon & Sweet potato fishcake
Option 2	Tuna baguette	Cheese sandwich	Chicken mayo wrap	Ham roll	Egg roll

All meals are served with seasonable vegetables or fresh salad