

Pupil Choice Winter 2020

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bolognese	Macaroni Cheese with Wholemeal Herby Bread	Roast Pork with Sage and Onion Stuffing	Beef Burger in a Bun	Salmon Fish Fingers
Pasta Choice		Roast Potatoes or Wholemeal Pasta	Diced Potatoes	Low Fat Chips or Pasta
Cheese Sandwich	Ham Flat Bread	Tuna Baguette	Chicken Mayo Wrap	Egg Roll
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and Sweetcorn Meatballs	Chicken Pie	Roast Beef with Yorkshire Pudding	Quorn Hot Dog with Pasta	Cheese and Tomato Pizza
Savoury Rice	Diced Potatoes	Roast Potatoes or Wholemeal Pasta		Potato Wedges or Pasta
Cheese Sandwich	Ham Flat Bread	Tuna Baguette	Chicken Mayo Wrap	Egg Roll
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mild Chicken Curry	Beef Lasagne	Roast Chicken with Sage and Onion Stuffing	Pork Sausages with Gravy	Cheese and Tomato Pizza
Brown and White Rice	Mixed Side Salad	Roast Potatoes or Wholemeal Pasta	Potato Wedges	Low Fat Chips or Pasta
Cheese Sandwich	Ham Flat Bread	Tuna Baguette	Chicken Mayo Wrap	Egg Roll